

SUMMER KINDNESS CHECKLIST

HOW MANY CAN YOU CHECK OFF?

CARE
HARD

- TAKE THE INLIGHT KINDNESS PLEDGE
- PLAN A LEMONADE STAND AND DONATE THE PROCEEDS TO A CHARITY OF YOUR CHOICE
- DONATE GENTLY USED TOYS, SPORTS EQUIPMENT, BOOKS, AND CLOTHES TO A LOCAL CHARITY OR SHELTER
- VISIT A NURSING HOME AND READ A STORY TO A SENIOR
- GO ON A NATURE HIKE AND SAY HI TO OTHERS THAT PASS YOU
- MAKE PLAYDOUGH OR SLIME FOR A FRIEND
- TELL SOMEONE A SUMMER JOKE
- PICK UP TRASH IN A LOCAL PARK OR BEACH TO HELP KEEP THE ENVIRONMENT CLEAN
- TAKE TREATS TO A FIRE OR POLICE STATION
- MAKE A THANK YOU CARD FOR THE PERSON THAT DELIVERS YOUR MAIL
- DO THE INLIGHT PEANUT BUTTER CHALLENGE
- COMPLETE THE INLIGHT KINDNESS JOURNAL
- INSPIRE OTHERS TO BE KIND